

# UNDERSTANDING STRANGULATION

## A FRONTLINE RESPONSE CONVERSATION

### FREE LEARNING SESSION FOR FRONTLINE WORKERS

#### PRESENTERS

**ANNYSE ALCOCK**

**Registered Nurse**

St. Joseph's Health Care London

**LISA NARANCSIK**

**Detective Constable**

**Abuse Issues Investigator**

OPP - Oxford County

**REGISTER** ▼



<https://understandingstrangulation.eventbrite.ca>

**Monday, May 4, 2026**  
**1:00pm - 4:00pm**



#### EVENT HIGHLIGHTS

Presentations & moderated discussion

Medical realities, legal consequences & disclosure options

Q&A discussion with presenters

**Woodstock Theatre**  
22 Reeve Street, Woodstock



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### ABOUT THE EVENT

This session will explore how to recognize and respond to strangulation in the context of gender-based violence. Participants will learn about the medical risks and realities of strangulation, what disclosure may look like, available resources and reporting pathways, and how agencies can work together to better support survivors. The event will conclude with a moderated discussion and Q&A.

### ALTERNATIVE ONLINE TRAINING



**Thursday, May 21**



**10:00am - 12:00pm**



**Microsoft Teams**

<https://teams.microsoft.com/meet/2718835736765?p=LhfyxdECCjr0JvpUzk>



Email [dart@ingamohomes.com](mailto:dart@ingamohomes.com) to register.

**Presenter: Annyse Alcock, RN**

Recognize the signs and understand the risks, potential long-term impacts, and how to support appropriate referrals.

### PRESENTERS

#### ANNYSE ALCOCK, RN

Annyse Alcock is a Registered Nurse with 27 years of experience dedicated to compassionate, evidence-based care. Over the past eight years, her work has focused on the Sexual Assault and Domestic Violence (SADV) Program, where she received specialized training as a Sexual Assault Nurse Examiner (SANE). Annyse recently transitioned into the role of Supervisor for both the SADV Program and the Trauma and Violence Specialized Primary Care team, where she provides clinical leadership and supports best practices for trauma-informed care.

She is deeply passionate about supporting survivors and is committed to advancing education in this field. Annyse enjoys sharing knowledge with community partners, residents, and colleagues to strengthen coordinated responses to sexual assault and intimate partner violence across the system.

#### LISA NARANCSIK, OPP

Detective Constable Lisa Narancsik is an Abuse Issues Investigator with the Ontario Provincial Police, bringing 23 years of policing experience to her role. Working within the Crime Unit, she supports, reviews, and monitors abuse-related investigations to ensure investigative excellence, with a strong focus on intimate partner violence cases.

Born and raised in Oxford County, Lisa is deeply committed to supporting local residents and improving community safety through enhanced services and collaborative change.



**REGISTER**



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